Road championship 2026 - results November 3rd

DEADLINE MONDAY NOV. 23rd

Runners are put into age categories according to their age on 1st January 2026. Percentages for each race are calculated according to the age of each runner on race day, using the WMA Road age-grading calculator 2015: http://www.howardgrubb.co.uk/athletics/wmaroad15.html

Once you have submitted more than 6 races, your 6 best times will be chosen. These will be shown in red. Remember that you can only include one race of 5K or less. At least 2 runs must be 10 miles or more. Full details of this championship are on the club website under 'competitions'.

Current top 10				Current top 10 with 6 runs completed	
1	Martha McBarron	84.55		Martha McBarron	84.55
2	Helen Burrell	76.22		Helen Burrell	76.22
3	Mark Coyle	75.39		Mark Coyle	75.39
4	Jess Young	75.11		Rachael Ridley	71.84
5	Tim Grimwood	72.75		Jennifer Smithson	67.77
6	Annelie Whitfield	72		Carol Murray	66.85
7	Rachael Ridley	71.84		Kev Bond	61.33
8	Emily Abbey	71.81		Zabi Dashwood	61.21
9	Liz Sowter	71.4		Roger Brisley	53.67
10	Sarah Botting	71.34		Jane Bond	45.83

Female senior

Name				Average %
Phoebe Haw	GNR 51.02			51.02
Jodie Simpson	Darlington 10K 45.9			45.9
Emma Smith	GNR 55.25	Northallerton 10K 57.34	Castle 10K 55.28	55.63
Laura Sowerby	Northallerton 10K 50.28	Darlington 10K 51.33	York marathon 48.78	50.13
Katie Wilson	GNR 34.57			34.57

Female 35-39

Name								Average %
Zabi Dashwood	Brass Monkey half 62.16	Chester parkrun 61.68	GNR 56.42	Sutton Park 10K 59.86	Castle 10K 59.42	Jarrow 10K 63.65	Croft 10K 63.49	61.21
Rachael Ridley	Leeds Abbey Dash 74.08	Northallerton parkrun 72.93	Newcastle 10K 72.8	Snake Lane 10M 70.36	Vale of York Half 68.03	Jarrow 10K 72.86		71.84

Female 40-44

Name				Average %
Emily Abbey	Crikey it's Christmas 10K 71.81			71.81
Lisa Allen	Darlington 10K 58.33	GNR 56.56		57.45
Ruth Harker	GNR 38.55			38.55
Hazel Leah	Brass Monkey half 54.3	Leeds half 52.83	Darlington 10K 62.8	56.63
Jennifer Wilkinson	Castle 10K 53.11			53.11
Jess Young	GNR 75.92	Redcar half 74.29		75.11

Female 45-49

Name			Average %
Louise Black	Thirsk 10M 58.22	Castle 10K 55.15	56.69
Sarah Botting	Croft 10K 70.62	Market Rasen parkrun 72.05	71.34
Victoria Dykes	GNR 64.29		
Abbie Hull	Darlington 10K 54.89		54.89
Lynn Peacock	Thirsk 10M 59.95		59.95

Female 50-54

Name							Average %
Tracey Gill	Penrith Parkrun 67.88	Scorton 10K 64.54					66.21
Sally Simpson	Darlington 10K 49.06						49.06
Jennifer Smithson	Ripon 10M 65.06	Northallerton 10K 69.06	Elgin parkrun 72.54	Darlington 10K 70.83	Aske 10K 62.47	York 10M 66.67	67.77

Female 55-59

Name								Average %
Jane Bond	Leeds Abbey Dash 57.45	Booze Run 40.12	Temple Newsam 10M 43.05	Ullswater Way 20M 30.42	Kirkby Fleetham trail 10K 46.96	Keswick parkrun		45.83
Nicki Buckett	Rising Sun trail 10K 55.03							55.03
Carol Murray	Northallerton parkrun 66.83	Solo 12M 61.27	Solo 12M 62.62	Solo 10K 67.92	Solo 12M 63.91	Thirsk 10M 68.8	European duathlon 10K 71.02	66.85
Sarah O'Connor	Northallerton 10K 59.37	Rising Sun trail 10K 59.58						59.48
Melanie Scott	Castle 10K 64.11							64.11

Female 60-64

Name								Average %
Helen Burrell	St Davids marathon 67.56	DR20 64.19	Wensleydale Wander 72.5	Swaledale marathon 63.48	Haverfordwest park run 87.04	Pumsaint half marathon 76.08	Cardigan 10K 89.97	76.22
Annelie Whitfield	Castle 10K 72							72

Female 65-69

Name								Average %
Martha McBarron	Sunderland half 84.41	Manchester half 83.26	Bedale 10K 85.89	Stanhope 10M 76.81	Middlesbrough 10K 84.99	Snape 10K 84.18	Derwent 10M 83.26	84.55
Liz Sowter	London Marathon 68.94	Crackpots trail 7M 68.14	Virtual 4.85M 71.51	Croft 10M 77.02				71.4

Female 70-74

Name				Average %
Julia Spittle	Jolly Holly Jog 66.71	Harewood House 13.5 64.21	Tholthorpe 10K 77.11	69.34

Male senior

Name					Average %
Joe Mawer	Brass Monkey half 65.7	Middlesbrough half 62.24	Darlington parkrun 65.19	York marathon 51.84	61.24
James Peacock	Castle 10K 48.87				48.87

Male 35 -39

Name		Average %
Josh Westwood	York marathon	60.86

Male 40 -44

Name			Average %
Nigel Copland	Castle 10K 60.02		60.02
Rob Dashwood	GNR 53.92		53.92
James Gibson	Castle 10K 60.51		60.51
Gavin Hardisty	Thirsk 10M 56.43	GNR 49.98	53.205

Male 45 -49

Name				Average %
Stu Clarkson	GNR 45.63			45.63
Tim Grimwood	Brass Monkey half 74.92	Edinburgh Marathon 67.1	Wynyard parkrun 76.22	72.75
Christian Player	Middlesbrough 10K 60.83			60.83
Mark Smith	Castle 10K 50.94	York marathon 49.18		50.06

Male 50 -54

Name							Average %
Kev Bond	Leeds Abbey Dash 68.24	Temple Newsam 10M 54.94	Wynyard parkrun 68.52	Kirkby Fleetham trail 10K 59.88	Virtual 8.01 M 57.31	Keswick half 59.1	61.33
Rob Haw	GNR 51.68						51.68
Iain Kerr	GNR 62.74						62.74
Mark Sowerby	Darlington 10K 70.78	Middlesbrough 10K 70.78					70.78

Male 55 -59

Name						Average %
Robert Allinson	Castle 10K 47.51					47.51
Billy McLaren	Booze run 48.02	Wensleydale Wander 41.75	Swaledale Marathon 35.34	Durham Dales Ultra 35.96	Castle to Castle 100M 37.8	39.77
Martin Randall	GNR 59.49					59.49

Male 60 -64

Name								Average %
Mark Coyle	Deepdale Dash 5M 65.4	Thirsk 10M 72.7	Wynyard Woodland Parkrun 80.03	Sunderland 10K 75.26	Marske 5M 80.14	Newcastle Quayside 10K 79.16	Paras 10M 65.05	75.39
Chris Muston	Ravenstonedale 10K 61.2	Castle 10K 60.15						60.68

Male 65 -69

Name						Average %
Peter Devlin	Northallerton 10K 59.91	Darlington 10K 61.96				61.96
Andrew Fletcher	Easingwold 10K 66.86	Fountains Abbey parkrun 66.71	Virtual 10M 63.1	Bedale 10K 66.6	Wetherby 10K 63.44	65.34

Male 70 -74

Name							Average %
Roger Brisley	Newcastle 10K 59.33	Middlesbrough 10K 61.39	Virtual 16.49K 46.15	Virtual Jolly Holly 52.69	Virtual 17.81K 46.86	Virtual 3.65M 55.61	53.67